

Grade 7	CBe-learn Jr High Student Schedule ◇ 2025-2026				
	Monday	Tuesday	Wednesday	Thursday	Friday
9:00 - 12:30pm	SCIENCE Synchronous, Small Group, & Asynchronous <i>as announced in class</i>	MATH Synchronous, Small Group, & Asynchronous <i>as announced in class</i>	SOCIAL STUDIES Synchronous, Small Group, & Asynchronous <i>as announced in class</i>	ELA Synchronous, Small Group, & Asynchronous <i>as announced in class</i>	Assessment & Wellness In Person (Dates TBA) & Asynchronous (on all other dates)
12:30 - 1:15pm	Lunch				
1:15 - 2:15pm	HEALTH & WELLNESS 1:15pm Synchronous	Teacher Office Hours & Asynchronous	COMP 1:15pm Synchronous	Teacher Office Hours & Asynchronous	
2:15 - 3:00pm	Teacher Office Hours & Asynchronous		Teacher Office Hours & Asynchronous		
3:00pm	End of Day				
Asynchronous:	PHYSICAL EDUCATION: See D2L Course for Weekly Asynchronous Program + complete at minimum of 30 minutes of physical activity per day				
*Each course time may be comprised of a mix of synchronous and asynchronous activities, as announced by the teacher in each course. Please check D2L for current/weekly activities in each course.					

UPDATED SEPTEMBER 1, 2025